

## Organic Ground Beef (Frozen) 2/10 lb

Date Accessed : 12/24/2024

### PRODUCT DESCRIPTION

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### PRODUCT INFORMATION

|                        |                  |
|------------------------|------------------|
| <b>Distributor No.</b> | 0907.10017       |
| <b>SKU</b>             | 0903.10017       |
| <b>Brand</b>           | Red Oak Culinary |
| <b>Pack Size</b>       | 2/10 lb          |
| <b>Shelf Life</b>      | 90 days          |
| <b>Plants</b>          | VA               |

### NUTRITION & INGREDIENTS

#### Ingredient Statement:

Ground Beef

### Nutrition Facts

|                              |                               |
|------------------------------|-------------------------------|
| <b>Serving size</b>          | <b>4 oz (112g)</b>            |
| <b>Amount Per Serving</b>    | <b>240</b>                    |
| <b>Calories</b>              |                               |
|                              | <small>% Daily Value*</small> |
| <b>Total Fat</b> 17g         | <b>22%</b>                    |
| Saturated Fat 7g             | <b>35%</b>                    |
| Trans Fat 0g                 |                               |
| <b>Cholesterol</b> 75mg      | <b>25%</b>                    |
| <b>Sodium</b> 75mg           | <b>3%</b>                     |
| <b>Total Carbohydrate</b> 0g | <b>0%</b>                     |
| Dietary Fiber 0g             | <b>0%</b>                     |
| Total Sugars 0g              |                               |
| Includes 0g Added Sugars     | <b>0%</b>                     |
| <b>Protein</b> 21g           | <b>42%</b>                    |
| Vitamin D 0mcg               | <b>0%</b>                     |
| Calcium 26mg                 | <b>2%</b>                     |
| Iron 1.8mg                   | <b>10%</b>                    |
| Potassium 376mg              | <b>8%</b>                     |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.