

## Organic Ground Beef (Frozen) 2/10 lb

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### PRODUCT DESCRIPTION

80/20 organic ground chuck. USDA Organic. 100% grass fed. No antibiotics ever. Pasture raised. 100% natural.



### PRODUCT INFORMATION

Skus	0903.10017
Brand	Red Oak Culinary
Pack Size	2/10 lb
Shelf Life	90 days
Plants	VA

### NUTRITION & INGREDIENTS

#### Ingredient Statement:

Ground Beef

### Nutrition Facts

Serving size	4 oz (112g)
Amount Per Serving	<b>240</b>
<b>Calories</b>	
	% Daily Value*
<b>Total Fat</b> 17g	<b>22%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 75mg	<b>25%</b>
<b>Sodium</b> 75mg	<b>3%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 21g	<b>42%</b>
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 1.8mg	10%
Potassium 376mg	8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.