

Lemon Blueberry Pancake Mix

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PRODUCT DESCRIPTION

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PRODUCT INFORMATION

SKU	0903.10006
Brand	Red Oak Culinary
Pack Size	2/5 lb
Shelf Life	365 days
Plants	WLV, BWD



NUTRITION & INGREDIENTS

Ingredient Statement:

Enriched Bleached Flours (Wheat Flour, Malted Barley Flour. Niacin. Iron. Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar. Yellow Corn Flour. Blueberry-Flavored Pieces (Sugar. Vegetable Oil (Palm, Palm Kernel), Wheat Flour. Fruit And Vegetable Juice [For Color, Natural Flavor, Soy Lecithin. Malic Acid), Lemon-Flavored Pieces (Sugar, Enriched Wheat Flour [Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Corn Flakes, Palm Oil. Annatto. Natural Flavor). Vegetable Oil (Canola Oil. Ascorbic Acid And Rosemary Added To Preserve Freshness] And Or Sunflower Oil). Natural Vanilla Flavor, Sodium Bicarbonate (Baking Soda/Leavening). Salt. Sodium Acid Pyrophosphate (Leavening). Egg Yolk. Buttermilk, Natural Lemon Flavor, Monocalcium Phosphate (Leavening), Egg White. Natural Blueberry Flavor. Contains Wheat/Gluten. Egg, Milk, Soy. This Product Is Prepared And Packaged Using Machines That May Come In Contact With Tree Nuts (Pecans, Coconut, Almonds).

Nutrition Facts

Serving size	1/3 cup dry mix (41g)
Amount Per Serving	
Calories	150
	<small>% Daily Value*</small>
Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 280mg	12%
Total Carbohydrate 30g	11%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 6g Added Sugars	12%
Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 455mg	35%
Iron 0.18mg	0%
Potassium 1645mg	35%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.