

Organic Ground Beef (Frozen) 2/10 lb

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PRODUCT DESCRIPTION

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PRODUCT INFORMATION

SKU	0903.10017
Brand	Red Oak Culinary
Pack Size	2/10 lb
Shelf Life	90 days
Plants	VA

NUTRITION & INGREDIENTS

Ingredient Statement:

Ground Beef

Nutrition Facts

Serving size	4 oz (112g)
Amount Per Serving	
Calories	240
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 21g	42%
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 1.8mg	10%
Potassium 376mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.