

## Organic Ground Beef (Frozen) 2/10 lb

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### PRODUCT DESCRIPTION

80/20 organic ground chuck. USDA Organic. 100% grass fed. No antibiotics ever. Pasture raised. 100% natural.



### PRODUCT INFORMATION

Sku	0903.10017
Brand	Red Oak Culinary
Pack Size	2/10 lb
Shelf Life	90 days
Plants	VA

### NUTRITION & INGREDIENTS

#### Ingredient Statement:

Ground Beef

#### Nutrition Facts

Serving size 4 oz (112g)

Amount Per Serving

**Calories 240**

% Daily Value\*

Total Fat 17g	22%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein 21g</b>	42%
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 1.8mg	10%
Potassium 376mg	8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.