

## Wild Halibut, Alaskan (Frozen) 2/15 lb

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### PRODUCT DESCRIPTION

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### PRODUCT INFORMATION

<b>SKU</b>	0903.10021
<b>Brand</b>	Red Oak Culinary
<b>Pack Size</b>	2/15 lb
<b>Shelf Life</b>	90 days
<b>Plants</b>	VA

### NUTRITION & INGREDIENTS

**Ingredient Statement:**

Alaskan Halibut

<b>Nutrition Facts</b>	
<b>Serving size</b>	4 oz (112g)
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>240</b>
	% Daily Value*
<b>Total Fat</b> 17g	<b>22%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 75mg	<b>25%</b>
<b>Sodium</b> 75mg	<b>3%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 21g	<b>42%</b>
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 1.8mg	10%
Potassium 376mg	8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.